

What can I do on sabbath?

You possibly have heard about a lot of things you can't do on sabbath. But several of these can't do things are not biblical, but men's made prohibitions. In truth only a few people really know the biblical revelation on this subject. There are many desirable and good things that can be done this day. If people knew them, certainly would say with the prophet that it is "a delight". Bible teaches that Jesus is "Lord also of the Sabbath" (Luke 6:5). He is its owner and Creator. He taught what we can do on it:

- ① *Have worship service and study His word: Luke 4:16.*
- ② *Visit the nature to see God's works together with family and sons: Acts 16:13. There they will recognize and admire God as the Creator of all things. Saturday is the true family's day.*
- ③ *Teach the truths we learn from the Bible: Mark 6:2.*
- ④ *Bring relief to men and animals's suffering. Help to heal the sick ones: John 5:5-9; Luke 6:6-10; Matthew 12:11, 12.*
- ⑤ *To practice love and mercifull deeds: Matthew 12:1-7.*
- ⑥ *Rest from work, according to the commandment, as the women made after Jesus's death: Exodus 23:12; Luke 23:52-56.*



On sabbath, we rest from our weekly commom activities and dedicate ourselves to know God and Jesus, and to make Their deeds. Thus, we receive the promised sabbath blessing and are renewed for the next week. And the more important: we are made holy and prepared to be heavenly citizens, participants of eternal life through the knwoledge we receive form Them. Then, heavenly promised shall be fulfil: "for as the new heavens and the new earth, which I will make, shall remain before Me, saith the LORD, so shall your seed and your name remain. And it shall come to pass that... from one sabbath to another, shall all flesh come to worship before Me, saith the LORD" (Isaiah 66:22, 23).

Want to know more? Contact us:

Fourth Angel - Ultimate Warning Ministry

Phone: 258 82 094 5025 | 258 82 106 0433 | **e-mail:** advertenciafinal@hotmail.com

web site: www.ultimatewarning.com | www.youtube.com/tvultimatewarning

God bless you



You have gained a rest *Discover how to enjoy the real family's day*



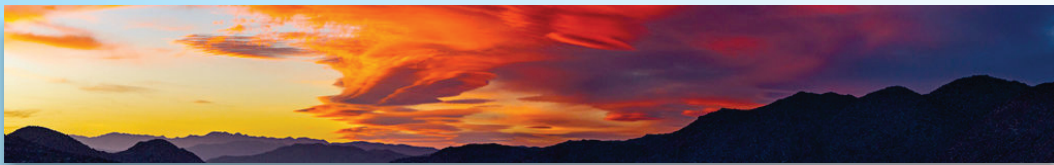
Lack of rest: an almost all's problem

The daily battle leave marks on people. In order to make some money, it is quite commom that people wake up early, even before 6am, and end their labor late at night. Frequently, people submit themselves to this daily journey only to have the sufficient to eat. The competitive scenario impose such a pressure upon people that they have no longer time to rest. As a concequence, anxiety, stress and diseases for repetitive effort are spreading around the population. Other symptoms are also seem: absence of patience with relatives at home, lack of dialogue, frequent discussions, separation of sons and parents, and consequent involvement in alcohol an drugs. This makes Jesus's invitation sound today even more attractive: "come unto Me, all ye that are labour and are heavy laden, and I will give you rest... learn of Me... and ye shall find rest unto your souls" (Mat. 11:28). Jesus wants to teach us how to enjoy the rest we need, which He gave us as a gift and birth's right.

People wrestle as the success depended only of their own effort. Salomon, after to evaluate man's battle of life, said: *"I returned, and saw under the sun, that the race is not to the swift, nor the battle to the strong, neither yet bread to the wise, nor yet riches to men of understanding, nor yet favour to men of skill; but time and chance happeneth to them all"* (Eccl. 9:11). Due his experience with God, the psalmist concluded: *"Except the LORD build the house, they labour in vain that build it: except the LORD keep the city, the watchman waketh but in vain. It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he giveth his beloved sleep"* (Psalms 127:1, 2).

Whoever trust in God knows that He is the one who bless the work, making his earnings be sufficient to keep his family. He open doors for the new job and the salary's increase. The good new is that God promised to make this for you while you take your time to the needed rest. God *"giveth His beloved sleep"*. Those who believe God's promises will work, but will also separate a time to rest. And will have lack of nothing.

God will fulfill these promises in your life...



All promises from God have in Christ the "amen", that means: "be done". All mankind was blessed in Christ with both, work and rest. All who accept Jesus and believe in God's promises enjoy the blessing. The blessing over the work is in Deuteronomy 28: *"if thou shalt hearken diligently unto the voice of the LORD thy God, to observe and to do all His commandments which I command thee this day, that the LORD thy God will set thee on high... and all theses blessings shall come on thee and overtake thee... The LORD shall command the blessing upon thee in thy storehouses, and in all that thou settest thine hand unto"* (Deut. 28:1, 2, 8). The blessing of rest we find in the New Testament, also called New Covenant or New Alliance: *"Let us therefore fear, lest, a promise being left us of entering into His rest, any of you should seem to come short of it... for we which have believed do enter into rest... for He spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all His works... there remaineth therefore a rest to the people of God. For he that is entered into His rest, he also ceased from his own works, as God did from His. Let us labour therefore to enter into that rest"* (Heb. 4:1, 3, 4, 9-11). These verses are referring to this rest: *"And on the seventh day God ended His works which He had made; and He rested on the seventh day from all His work which He had made. And God blessed the seventh day, and sanctified it: because that in*

it he had rested from all His work which God created and made" Gen. 2:2, 3.

God promised to prosper those who rest as He rested: *"If thou turn away thy foot from the sabbath, from doing thy pleasure on My holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour Him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it"* (Isa. 58:13, 14).

God promised to reveal Himself to those who rest on His day: *"And hallow my sabbaths; and they shall be a sign between Me and you, that ye may know that I am the LORD your God"* Ezequiel 20:20.

God promised to make holy, to prepare to heaven, those who rest on His day: *"also I gave them My sabbaths, to be a sign between Me and them, that they might know that I am the LORD that sanctify them"* (Eze. 20:12). Without "holiness", *"no man shall see the Lord"* (Heb. 12:14).

God promised to protect those who have His mark, resting on saturday: *"Speak thou also unto the children of Israel, saying, Verily My sabbaths ye shall keep: for it is a sign between Me and you throughout your generations"; "and he opened the bottomless pit; and there arose a smoke out of the pit... and there came out of the smoke locusts upon the earth: and unto them was given power, as the scorpions of the earth have power... and it was commanded them that they should not hurt the grass... neither any green tree... but only those men which have not seal of God in their foreheads"* (Exo. 31:13; Rev. 9:1-4).

...if you want!

Therefore, He said, inviting us to the rest: *"Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, nor thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day, and hallowed it"* (Exo. 20:8-11). He doesn't obligate none. He only says "choose you". Do you accept? An opened door to a new life of rest with God's blessing is before you. Enter through it while the LORD's hand is extended to bless!